



Curriculum Vitae

Professor Ron Hill

Personal Information

Name: Professor Ron Hill
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Martial Arts Career

- 45 Years of Martial Arts Training
 - 35 Years as a Martial Arts Instructor
 - 31 Years as a Martial Arts School Owner
 - 8-Time Sport Official, USA National Team Coach
 - Internationally Ranked Grandmaster (multiple martial arts organizations)
 - Former Pan American Pankration Head - United World Wrestling
 - Head of Various International and National Martial Arts Federations
 - Board Member & Committee Member for Multiple International and National Organizations
- Academic Education

- B.S. Business Administration & Marketing - Lewis University
- Clinical Exercise Therapy and Performance Training Education

Professional Certifications

- National Academy of Sports Medicine (NASM):
 - Certified Personal Trainer
 - Performance Enhancement Specialist
 - Corrective Exercise Specialist
 - Stretching and Flexibility Specialist
 - MMA Conditioning Specialist
- National Federation of Professional Trainers (NFPT):
 - Certified Personal Trainer
 - Functional Training Specialist
 - Endurance Training Specialist

- Brookbush Institute:
 - Human Movement Specialist
 - Certified Personal Trainer

- International Sports Sciences Association (ISSA):
 - Exercise Therapy Specialist
 - Certified Health Coach

- American Council on Exercise (ACE):
 - Orthopedic Exercise Specialist

- MedX Academy:
 - Certified Medical Exercise Specialist

- Gray Institute:
 - Certificate in Applied Functional Science

- National Exercise & Sports Trainers Association (NESTA):
 - Biomechanics Specialist